

A large, light gray illustration of a salmon is positioned in the background, spanning the width of the page. The salmon is shown in profile, facing left, with its scales and fins clearly visible.

# IRONWOOD

## RESTAURANT & LOUNGE

SALMON ARM GOLF CLUB

# STARTERS & SIDES

## APPETIZERS

### IRONWOOD NACHOS | \$21

Fried corn chips layered with shredded three cheese blend, green onion, bell peppers, banana peppers, tomato, black bean corn salsa, olives and jalapeños. Served with sour cream and salsa.

*Add Cajun Chicken or Spicy Beef for \$6*

*Add Extra Cheese for \$3 or Guacamole \$4*

### SPINACH ARTICHOKE DIP | \$19

Creamy baked dip made in-house served with tortilla chips.

### LOADED STREET CORN DIP | \$19

Creamy roasted corn, jalapeños, feta, cheddar, and lime, baked hot and served with tortilla chips.

### POTATO SKINS | \$15

Four crispy skins baked with cheese, bacon, tomato and green onion served with sour cream.

### 1 LB CHICKEN WINGS | \$20

Franks Hot | BBQ | Chipotle Honey | Teriyaki  
S&P | Lemon Pepper | Honey Garlic | Honey Hot

### SPICY WAFFLE FRIES

**Loaded \$18      Regular \$13**

Loaded is with cheese, bacon, tomatoes & chives.

### SOUP OF THE DAY

*Add Bread for \$3      Large \$10      Small \$7*

### ONION RINGS

**Large \$13      Small \$9**

### FRENCH FRIES

**Large \$11      Small \$7**

## ON THE GREENS

### SPRING SALAD    Large \$15

Mixed Lettuce and greens with tomato, carrots, bell peppers, cucumber, dried cranberries, red onion and avocado (large only) served with your choice of dressing.

*Add Prawns, Grilled Chicken or Crispy Chicken for \$6*

### CAESAR SALAD    Large \$16

Romaine lettuce tossed in our caesar dressing with Parmesan cheese and house made croutons.

*Add Prawns, Grilled Chicken or Crispy Chicken for \$6*

## DESSERTS

### PEANUT BUTTER BAR | \$7

Peanut butter ice cream on a graham cracker crust with crushed peanuts and chocolate sauce.

### CHEESECAKE | \$7

Cheesecake with housemade strawberry compote and whipping cream.

### CHURRO | \$7

Six churro sticks dusted in cinnamon sugar with a caramel dipping sauce.

*Add a scoop of vanilla ice cream \$2*

# FEATURED DISHES

## PULLED PORK SANDWICH | \$20

House-made slow roasted pork in a spicy mustard sauce with coleslaw, cheddar topped with crispy onions on grilled schiacciata.

## BEEF DIP | \$24

Slow roasted in-house AAA Canadian beef topped with mozzarella on a crispy hoagie bun with au jus.

## BC PRIME RIB BURGER | \$24

6oz prime rib burger with bacon, cheddar, BBQ sauce, crisp lettuce, tomato, red onion on a brioche bun.

## CHICKEN STRIPS | \$17

Four crispy chicken strips and your choice of plum or house made creamy honey mustard.

## CHICKEN BURGER | \$20

Your choice of crispy or grilled chicken breast with pesto mayo, crisp lettuce, tomato and red onion on a brioche bun.

## CALIFORNIA CHICKEN BURGER | \$23

Your choice of grilled or crispy chicken breast with avocado, ranch sauce, bacon, mozzarella, crisp lettuce, tomato, and red onion on a brioche bun.

## CLUBHOUSE WRAP | \$19

Roast chicken, bacon, lettuce and tomato with honey chipotle wrapped in a spinach tortilla.

## GREEK WRAP | \$19

Roast chicken, lettuce, cucumber, tomato, bell peppers, red onion, olives with tzatziki & feta wrapped in a spinach tortilla.

## BIRDIE BLT | \$18

Loaded with crisp bacon, lettuce, tomato and mayo on a croissant butter bun.

*Served with choice of Fries, Spring Salad or Caesar*  
**Substitute Waffle Fries or Onion Rings for +\$2.50**

## SOUTHWEST CHICKEN BOWL | \$21

Warm rice topped with cajun chicken, black bean corn salsa, avocado, tomato, green onion, roasted jalapenos, romaine, crispy tortilla strips, and a southwest drizzle.

## GREEK BOWL | \$19

Warm rice topped with chicken, tomato, cucumber, bell peppers, red onion, olives, feta and tzatziki with a grilled pita.

## ASIAN NOODLE SALAD | \$20

Crispy chicken, romain, napa cabbage, carrots, green onion, bell peppers, cucumber, cilantro, peanuts with peanut dressing.

## CHICKEN QUESADILLA | \$20

Fresh spinach flour tortilla filled with cheese, caramelized onions, bell peppers, chicken and our house-made honey chipotle. Served with sour cream & salsa.

## BAKED PENNE | \$16

House-made marinara with penne, peppers, onions and baked with cheese.

**Add Meatballs, Chicken or Prawns for \$6**

## FLATBREAD

### PULLED PORK | \$19

BBQ base topped with pulled pork, three cheese blend, crispy onions and spicy mustard drizzle.

### HOT HONEY PEPPERONI | \$15

Pepperoni, mozzarella, and a hot honey drizzle.

### CHICKEN BACON RANCH | \$19

Ranch base with chicken, bacon, mushrooms, cheddar/mozza blend with a sweet chile drizzle.

### THE GREEK | \$18

Maranaria base, chicken, bell peppers, artichoke, red onion, olives, mozzarella and greek feta.

### IRONWOOD | \$22

Maranaria base, ham, pepperoni, bacon, taco beef and mozzarella.

## DRINKS

## BEER

## DOMESTIC

Regular 355mL Tallboy 473mL

|             |        |        |
|-------------|--------|--------|
| Bud Light   | \$6.20 | \$7.50 |
| Budweiser   | \$6.20 | \$7.50 |
| Kokanee     | \$6.20 | —      |
| Lucky Lager | \$5.00 | \$7.00 |

## PREMIUM

Regular 355mL Tallboy 473mL

|                         |        |        |
|-------------------------|--------|--------|
| SPB Trail Hopper IPA    | —      | \$7.39 |
| SPB Sunsetter Wheat Ale | \$6.00 | —      |
| SPB Parklandia Hazy IPA | —      | \$7.39 |
| SPB Windstorm Pale Ale  | —      | \$7.39 |
| Moosehead Radler        | —      | \$7.39 |
| Michelob Ultra          | \$6.80 | \$8.00 |

## IMPORT

Regular 355mL Tallboy 473mL

|                      |        |        |
|----------------------|--------|--------|
| Stella               | —      | \$8.20 |
| Corona               | \$7.25 | \$8.20 |
| Guinness Can* 440mL  | —      | \$8.50 |
| Corona Bottle* 330mL | \$7.25 | —      |

## DRAUGHT

16oz

Pitcher 60 oz

|                         |        |         |
|-------------------------|--------|---------|
| Budweiser               | \$7.50 | \$25.41 |
| Michelob Ultra          | \$7.95 | \$26.05 |
| SPB Amber Ale           | \$7.50 | \$25.41 |
| SPB Parklandia Hazy IPA | \$7.50 | \$25.41 |
| Stella                  | \$9.45 | \$31.45 |
| OK Cider, Apple         | \$9.45 | \$31.45 |

## WINE

## REDS

6 oz

9oz

Bottle

|                           |        |         |               |
|---------------------------|--------|---------|---------------|
| Peller Cabernet Sauvignon | \$6.85 | \$10.25 | \$19.95 500mL |
| Peller Merlot             | \$6.85 | \$10.25 | \$19.95 500mL |
| Stone Road Red            | —      | —       | \$28 750mL    |

## WHITES

6 oz

9oz

Bottle

|                          |         |         |               |
|--------------------------|---------|---------|---------------|
| Peller Chardonnay        | \$6.85  | \$10.25 | \$19.95 500mL |
| Peller Pinot Grigio      | \$6.85  | \$10.25 | \$19.95 500mL |
| Peller Sauvignon Blanc   | \$6.85  | \$10.25 | \$19.95 500mL |
| Red Rooster Pinot Grigio | \$13.00 | \$17.00 | \$39 750mL    |
| Stone Road White         | —       | —       | \$28 750mL    |

## ROSÉ

Bottle

|             |   |   |            |
|-------------|---|---|------------|
| Laylow Rosé | — | — | \$25 750mL |
|-------------|---|---|------------|

## COOLERS + CIDER

|                               |              |
|-------------------------------|--------------|
| Absolut Vodka Cranberry Vodka | \$7.75 355mL |
| Cottage Springs Transfusion   | \$7.75 355mL |
| Cutwater Margarita            | \$7.75 355mL |
| Tempo Gin Smash               | \$7.75 355mL |
| Palm Bay Pineapple Orange     | \$7.75 355mL |
| Palm Bay Ruby Grapefruit      | \$7.75 355mL |
| Nude Pink Lemonade            | \$7.75 355mL |
| Mott's Caesar Tall Can        | \$8.50 458mL |
| Mike's Hard Lemonade          | \$8.15 473mL |
| Hires Root Beer               | \$8.15 473mL |
| Nude Raspberry Lemon          | \$8.15 473mL |
| Nude Blackberry Lime          | \$8.15 473mL |
| Dock Day                      | \$8.15 473mL |

## CIDER

|                 |              |
|-----------------|--------------|
| OK Cider, Apple | \$8.15 473mL |
| OK Cider, Pear  | \$8.15 473mL |
| Strongbow       | \$8.70 440mL |

# DRINKS

## LIQUOR/MIXED DRINKS

| LIQUOR         | 1oz    | 2oz     |
|----------------|--------|---------|
| Vodka          | \$7.40 | \$12.30 |
| Gin            | \$7.40 | \$12.30 |
| Spiced Rum     | \$7.40 | \$12.30 |
| White Rum      | \$7.40 | \$12.30 |
| Scotch Whiskey | \$7.10 | \$12.60 |
| Rye Whiskey    | \$7.40 | \$12.30 |
| Dark Rum       | \$7.83 | \$12.30 |
| Tequila        | \$7.75 | \$12.65 |

| PREMIUM SPIRITS               | 1oz     | 2oz     |
|-------------------------------|---------|---------|
| Havana Club 7 Yr              | \$9.56  | \$13.91 |
| Olmecca-Altos Reposado/Plata  | \$11.00 | \$20.75 |
| Grey Goose                    | \$9.56  | \$13.91 |
| Chivas Regal 12 Yr            | \$9.56  | \$13.91 |
| JP Wiser's 10 Yr/ Crown Royal | \$9.56  | \$13.91 |
| Malfy Gin Con Rosa            | \$8.75  | \$14.60 |

| COCKTAILS            | 1oz    | 2oz     |
|----------------------|--------|---------|
| Caesar               | \$8.50 | \$14.29 |
| John Daly            | \$8.10 | \$13.10 |
| Moscow Mule          | \$8.10 | \$13.10 |
| Long Island Iced Tea | \$8.10 | \$13.10 |
| Margarita            | \$8.10 | \$13.10 |
| Old Fashioned        | \$8.10 | \$13.10 |
| Paralizer            | \$8.10 | \$13.10 |
| Gin Bucket           | \$8.10 | \$13.10 |
| Fresca Spritz        | \$8.10 | \$13.10 |
| Shaft                | —      | \$13.10 |
| Baileys & Coffee     | \$9.00 | —       |
| Spiked Apple Cider   | \$9.00 | —       |
| Blueberry Tea        | \$9.00 | \$13.10 |

## NON-ALCOHOLICS

### NON-ALCOHOLIC BEER

|                         |        |       |
|-------------------------|--------|-------|
| Michelob Ultra 0.0      | \$4.50 | 355mL |
| Cero, <i>Can</i>        | \$5.00 | 355mL |
| Cero, <i>Bottle</i>     | \$5.00 | 330mL |
| SPB Trail Hopper IPA    | \$5.84 | 355mL |
| SPB Sunsetter Wheat Ale | \$5.84 | 355mL |
| Budweiser 0             | \$5.84 | 473mL |
| Guinness 0.05           | \$8.50 | 440mL |

### NON-ALCOHOLIC COCKTAILS

|                               |        |       |
|-------------------------------|--------|-------|
| Moscow Mule                   | \$6.00 | 16oz  |
| Caesar                        | \$6.00 | 16oz  |
| Arnold Palmer                 | \$3.57 | 16oz  |
| Cranberry & Soda              | \$3.57 | 16oz  |
| Farming Karma Mellow Mimosa   | \$4.00 | 285mL |
| Farming Karma Conscious Cosmo | \$4.00 | 285mL |

### STANDARD BEVERAGES

|               |        |
|---------------|--------|
| Tea           | \$2.86 |
| Coffee        | \$2.25 |
| Hot Chocolate | \$2.86 |
| Cafe Mocha    | \$2.86 |
| Juice         | \$4.00 |
| Fountain Pop  | \$3.57 |

*Fresca, Sprite, Ginger Ale,  
Coke, Coke Zero, Diet Coke,  
Root Beer, Lemonade, Ice Tea*