

A large, light gray illustration of a salmon is positioned in the background, facing left. The salmon is shown in profile, with its scales and fins clearly visible. It is positioned behind the main title text.

IRONWOOD

RESTAURANT & LOUNGE

SALMON ARM GOLF CLUB

STARTERS & SIDES

APPETIZERS

IRONWOOD NACHOS | \$21

Fried corn chips layered with shredded cheese, green onion, tomato, black bean corn salsa, olives and jalapeños. Served with sour cream and salsa.

Add Cajun Chicken or Spicy Beef for \$6

Add Extra Cheese for \$3

SPINACH ARTICHOKE DIP | \$19

Creamy baked dip made in house served with tortilla chips.

POTATO SKINS | \$15

Four crispy skins baked with cheese, bacon, tomato and green onion served with sour cream.

BRUSCHETTA | \$13

Fresh diced tomatoes, basil, garlic, capers and parmesan served on toasted bread.

1 LB CHICKEN WINGS | \$20

Franks Hot | BBQ | Chipotle Honey | Teriyaki
S&P | Lemon Pepper | Honey Garlic | Honey Hot

Add Carrots, Celery & Dip for \$2.50

ADD TO YOUR CART

FRENCH FRIES

Large \$11 Small \$7

SPICY WAFFLE FRIES

Loaded \$18 Regular \$13

Loaded is with cheese, bacon, tomatoes & chives.

ONION RINGS

Large \$13 Small \$9

ON THE GREENS

SPRING SALAD Large \$15 Small \$7

Mixed Lettuce and greens with tomato, carrots, bell peppers, cucumber, dried cranberries and avocado served with your choice of dressing.

Add Prawn, Grilled Chicken or Crispy Chicken for \$6

CAESAR SALAD Large \$16 Small \$9

Romaine lettuce tossed in our Caesar dressing with Parmesan cheese and house made croutons.

Add Prawn, Grilled Chicken or Crispy Chicken for \$6

ASIAN NOODLE SALAD | \$20

Crispy chicken, romain, napa cabbage, carrots, green onion, bell peppers, cucumber, cilantro, peanuts with peanut dressing.

SLICES

Made to order with house-made San Marzano tomato sauce.

IRONWOOD PIZZA

12" Pizza \$26 Flatbread \$22

Maranaria base, ham, pepperoni, bacon, taco beef and mozzarella.

PEPPERONI

12" Pizza \$19 Flatbread \$15

Maranaria base, pepperoni and mozzarella.

THE GREEK

12" Pizza \$22 Flatbread \$18

Maranaria base, chicken, bell peppers, artichoke, red onion, olives, mozzarella and greek feta.

CHICKEN BACON RANCH

12" Pizza \$23 Flatbread \$19

Ranch base with chicken, bacon, mushrooms, cheddar/mozza blend with a sweet chile drizzle.

BBQ PULLED PORK

12" Pizza \$23 Flatbread \$19

BBQ base with house made pulled pork, red onions, bell peppers and a spicy mustard drizzle.

FEATURED DISHES

*Served with your choice of
Fries, Spring Salad or Caesar*

Substitute Waffle Fries or Onion Rings for +\$2.50

BBQ BEEF ON A BUN | \$23

Slow roasted AAA beef tossed in BBQ sauce with cheddar and crispy onions on a brioche bun.

PULLED PORK SANDWICH | \$20

House made slow roasted pork in a spicy mustard sauce with coleslaw, cheddar topped with crispy onions on a grilled pretzel roll.

BEEF DIP | \$24

Slow roasted in house AAA Canadian beef topped with mozzarella on a crispy hoagie bun with au jus.

IRONWOOD BURGER | \$20

4oz house made burger with cheddar, our classic burger sauce, crisp lettuce, tomato, red onion on a brioche bun.

CHICKEN BURGER | \$20

Your choice of crispy or grilled chicken breast with pesto mayo, crisp lettuce, tomato and red onion on a brioche bun.

BC PRIME RIB BURGER | \$24

6oz prime rib burger with bacon, cheddar, BBQ sauce, crisp lettuce, tomato, red onion on a brioche bun.

GREEK WRAP | \$19

Roast chicken, lettuce, cucumber, tomato, bell peppers, red onion, olives with tatziki & feta wrapped in a spinach tortilla.

BIRDIE BLT | \$18

Loaded with crisp bacon, lettuce, tomato and mayo on a toasted hoagie bun.

CLUBHOUSE WRAP | \$19

Roast chicken, bacon, lettuce and tomato with honey chipolte wrapped in a spinach tortilla.

DEW-SWEEPERS

CHICKEN FINGERS & FRIES | \$17

Four crispy chicken strips with crispy fries and your choice of plum or house made creamy honey mustard.

TERIYAKI STIR FRY | \$21

Fresh seasonal vegetables sautéed to perfection, served with your choice of rice or noodles, and your choice of chicken or prawns.

GREEK BOWL | \$19

Warm rice topped with chicken, tomato, cucumber, red onion, olives, feta and tatziki with grilled pita.

BAKED PENNE | \$16

House made marinara with penne, peppers, onions baked with cheese.

Add Chicken or Prawns for \$6

T-TIME TACOS | \$18

Three flour tortillas filled with coleslaw, crispy battered haddock, pico de gallo and a lime crema.

CHICKEN QUESADILLA | \$20

Fresh spinach flour tortilla filled with cheese, caramelized onions, bell peppers, chicken and our house made honey chipolte. Served with sour cream & salsa.

DESSERTS

PEANUT BUTTER BAR | \$7

Peanut butter ice cream on a graham crust with crushed peanuts and chocolate sauce.

FEATURED DESSERT | \$7

Ask your server for our house made selection.

DRINKS

BEER			WINE			
DOMESTIC	Regular 355mL	Tallboy 473mL	REDS	6 oz	9oz	Bottle
Bud Light	\$6.20	\$7.50	Peller Cabernet Sauvignon	\$6.95	\$10.40	\$21 500mL
Budweiser	\$6.20	\$7.50	Peller Merlot	\$6.95	\$10.40	\$21 500mL
Kokanee	\$6.20	—	Stone Road Red	—	—	\$29 500mL
Lucky Lager	\$5.00	\$7.00				
PREMIUM	Regular 355mL	Tallboy 473mL	WHITES	6 oz	9oz	Bottle
SPB Trail Hopper IPA	\$6.00	—	Peller Chardonnay	\$6.95	\$10.40	\$21 500mL
SPB Sunsetter Wheat Ale	\$6.00	—	Peller Pinot Grigio	\$6.95	\$10.40	\$21 500mL
SPB Parklandia Hazy IPA	—	\$7.45	Peller Sauvignon Blanc	\$6.95	\$10.40	\$21 500mL
SPB Windstorm Pale Ale	—	\$7.45	Red Rooster Pinot Grigio	\$13.00	\$17.00	\$39 750mL
Moosehead Radler	—	\$7.39	Stone Road White	—	—	\$29 750mL
Michelob Ultra	\$6.80	\$8.00	Sandhill Sauvignon Blanc	—	—	\$39 750mL
IMPORT	Regular 355mL	Tallboy 473mL	ROSÉ			Bottle
Stella	\$7.25	\$8.20	Laylow Rosé	—	—	\$29 750mL
Corona	\$7.25	\$8.20				
Guinness Can* 440mL	\$7.25	—				
Corona Bottle* 330mL	\$7.25	—				
DRAUGHT	16oz	Pitcher 60oz	COOLERS + CIDER			
Budweiser	\$7.50	\$25.41	Absolut Vodka Cranberry Vodka	\$7.75	355mL	
Michelob Ultra	\$7.75	\$28.44	Cottage Springs Transfusion	\$7.75	355mL	
SPB Amber Ale	\$7.50	\$25.41	Cutwater Paloma	\$7.75	355mL	
SPB Sunsetter Wheat Ale	\$6.75	\$25.41	Tempo Gin Smash Mixer	\$7.75	355mL	
SPB Trail Hopper IPA	\$6.75	\$25.41	Palm Bay Pineapple Orange	\$7.75	355mL	
Stella	\$9.45	\$31.45	Palm Bay Ruby Grapefruit	\$7.75	355mL	
			Mott's Caesar Tall Can	\$8.50	458mL	
			Mikes Hard Lemonade	\$8.15	473mL	
			Hires Root Beer	\$8.15	473mL	
			Nude Raspberry Lemon	\$8.15	473mL	
			Nude Blackberry Lime	\$8.15	473mL	
			Dock Day	\$8.15	473mL	
			CIDER	Regular 355mL	Tallboy 473mL	
			OK Cider, Apple	\$6.25	\$7.50	
			OK Cider, Pear	\$6.25	\$8.50	

DRINKS

LIQUOR/MIXED DRINKS			NON-ALCOHOLICS		
LIQUOR	1oz	2oz	NON-ALCOHOLIC BEER		
Vodka	\$7.40	\$12.30	Michelob Ultra 0.0	\$4.50	355mL
Gin	\$7.40	\$12.30	Cero, <i>Can</i>	\$5.00	355mL
Spiced Rum	\$7.40	\$12.30	Cero, <i>Bottle</i>	\$5.00	330mL
White Rum	\$7.40	\$12.30	SPB Trail Hopper IPA	\$5.84	355mL
Scotch Whiskey	\$7.40	\$12.30	SPB Sunsetter Wheat Ale	\$5.84	355mL
Rye Whiskey	\$7.40	\$12.30			
Dark Rum	\$7.83	\$12.30	NON-ALCOHOLIC COCKTAILS		
Tequila	\$10.00	\$19.00	Moscow Mule	\$6.00	16oz
			Caesar	\$6.00	16oz
PREMIUM SPIRITS	1oz	2oz	Arnold Palmer	\$3.57	16oz
Havana Club 7 Yr	\$9.56	\$13.91	Cran & Soda	\$3.57	16oz
Olmecca-Altos Reposado/Plata	\$9.56	\$13.91			
Grey Goose	\$9.56	\$13.91	STANDARD BEVERAGES		
Chivas Regal 12 Yr	\$9.56	\$13.91	Tea	\$2.86	—
JP Wiser's 10 Yr/ Crown Royal	\$9.56	\$13.91	Coffee	\$2.25	—
Malfy Gin Con Rosa	\$8.75	\$14.60	Hot Chocolate	\$2.86	—
			Cafe Mocha	\$2.86	—
COCKTAILS	1oz	2oz	Fountain Pop	\$3.57	—
Caesar	\$8.69	\$14.78	<i>Fresca</i> <i>Sprite</i> <i>Ginger Ale</i>		
John Daly	\$8.69	\$14.78	<i>Coke</i> <i>Coke Zero</i> <i>Diet Coke</i>		
Moscow Mule	\$8.69	\$14.78	<i>Root Beer</i> <i>Lemonade</i> <i>Ice Tea</i>		
Long Island Iced Tea	\$8.69	\$14.78			
Margarita	\$8.69	\$14.78	Orange Juice	\$4.00	355mL
Old Fashioned	\$8.69	\$14.78			
Paralizer	\$8.69	\$14.78			
Gin Bucket	\$8.69	\$14.78			
Fresca Spritz	\$8.69	\$14.78			
Shaft	—	\$13.00			